			Page 1
Trainee First Name		Last Name	
Address		City	Province
Postal Code	Phone	Email	
OFFICE USE ONLY	Note to Trainer: C	create and assign a unique SN for	each trainee. SN
Test Score	Note: This doc	cument <u>MUST</u> be com	pleted in full, dated & signed!
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Instructor First Name		Last Name	arina
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 Instructor Signature		 Date	



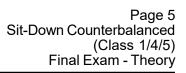
1. By law, all forklifts must display a capacity plate.	True or I	-aise
The number one type of forklift accident is		
3. The number one cause of forklift accident is		
4. Compromises in safety are acceptable for temporary increases in production?	True or F	False
5. Read and fully understand the Operation and Maintenance Manual for the truck you will operate.	True or F	False
6. Danger symbols indicate hazards that WILL cause death or serious injury if not avoided.	True or F	False
7. Warning symbols indicate hazards that CAN cause death or serious injury if not avoided.	True or F	False
8. Caution symbols indicate hazards that MAY cause death or serious injury if not avoided.	True or F	False
9. Cushion forklift tires are not intended for wet, rough or uneven surfaces.	True or F	False
10. The Operator Presence System (OPS), also known as a Presence Detection System or (PDS) senses may Disengage the transmission and hydraulics when the operator leaves the seat. A seat belt icon appears on the trucks display when the operator hasn't fastened the seat belt and, an indefinite alarm sounds when the operator leaves the seat and does not engage the parking brake.	True or F	False
11. All forklifts are required to carry a warning that improper operation or maintenance could cause injury or death.	True or F	False
12. Which is not a characteristic of a professional forklift operator?		
1) Wears the required protective clothing 2) Has read the operator manual 3) Maintains control of the forklift at all times 4) Can unload a flat deck trailer in under 12 minutes	1)	2) 4)
13. What is the difference between a forklift and a car?		
1) Steering 2) Weight 3) Braking 4) All of the above	1)	2) 4)
14. OH & S regulations require all forklift operators to be trained.	True or F	False
15. You get better traction with a cushion tire versus a pneumatic forklift tire.	True or F	False



16. If you are approaching a overhead hazard such as a doorway, what mast dimension should you be aware of? 1) Free fork height 2) Maximum fork height 1) 2) Overall height raised 3) 4) 4) Overall height lowered 17. Lack of proper training of workers, for those portions of their jobs that involve interaction with True or False forklifts, can lead to accidents. 18. Production factors such as excessive speed can be dangerous. True or False 19. Behaviours such as horseplay, show-off driving and jerky driving are acceptable in large areas True or False where collisions are not likely. 20. Riders are permitted on the forklift or load. True or False True or False 21. Improper servicing of the forklift can cause accidents. 22. Poor communication during shared tasks can cause accidents. True or False 23. Walking or working in the general area of a forklift is not dangerous. True or False 24. Narrow or cluttered aisles can be a potential cause of accidents. True or False 25. Intersections in shelving units or aisles can be dangerous. True or False 26. Poor palletizing or pallets in poor condition are dangerous. True or False 27. Unstable or loads blocking vision are not generally dangerous. True or False 28. Report mechanical malfunctions as they can be safety issues. True or False 29. Lifting loads above the rated capacity of the forklift is acceptable. True or False 30. Noise, odors, toxic gases, dust and poor lighting are all hazards. True or False 31. Forklift exhaust emissions can be very hazardous in confined areas with poor ventilation such True or False as small warehouses. 32. A forklift without free lift may be used to stack loads in reefer trailer when stacking is required. True or False 33. The balance point or fulcrum on a forklift is: 1) Steer tire 2) Battery 1) 2) 3) Drive tire 3) 4) 4) Mast

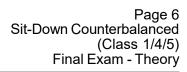


1) 3)	2) 4)
1)	2) 4)
1)	2) 4)
True or F	alse
True or F	alse
True or F	False
True or F	-alse
True or F	alse
True or F	False
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	1) 3) True or F



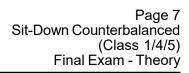


49. Add as much weight as you want to counter-balance an overload.	True	or F	False
50. Raise and lower the forks at any time when the forklift is moving.	True	or F	False
51. Overloading can cause a loss of steering control.	True	or F	False
52. Do not lift a load that extends above the height of the load backrest unless no part of the load can slide back toward the operator.	True	or I	False
53. A forklift "with a load" is less likely to tip over than a forklift without a load if both trucks turn too abruptly.	True	or I	False
54. Which one of the items listed below is not one of the supporting points of a forklifts stability triangle			
1) Centre point of the steer axle 2) Left or right drive tire 3) Centre point of the drive axle	1)	3)	2)
55. Which of the following will cause a forklift to tip over?			
1) Turning too fast at excessive speeds 2) Traveling with a load to high 3) Overloading 4) All of the above	1) 3)		2)
56. The importance of the Pre-Operational inspection is to:			
1) Reduce the risk of injury to the operator 2) Ensure safe operation of the forklift 3) Comply with OH &S regulations 4) All of the above	1)		2) 4)
57. If a forklift is used on a multi-shift basis, it needs to be examined only prior to the first shift.	True	or F	False
58. It is okay to make minor repairs to the forklift you are operating if you have not been trained to do so.	True	or I	False
59. If your horn fails during your shift:			
1) Only operate the forklift in well lit areas 2) Continued operation is ok 3) Tag the forklift out of service until it is repaired	1)	3)	2)
60. It is okay to reach through the mast rails with your hands as long as the forks are fully lowered.	True	or I	False
61. Notify your supervisor immediately if you are involved in a forklift accident that results in personal injury to you, others or company property.	True	or I	False





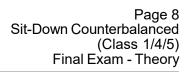
62. Always enter a vehicle, elevator or confined space with the load end first.	True	or Fa	alse
63. 7% of all forklift accidents occur when forklifts fall off docks.	True	or Fa	alse
64. Never make on the go directional changes when carrying a load.	True	or Fa	alse
65. When handling hazardous materials:			
1) Refer to Material Safety and Data Sheets (MSDS) 2) Know how to handle 3) Know how to clean up spills 4) Know what medical actions to take if you are exposed to the material	1)	5)	2)
5) All of the above	3)		4)
66. Never raise anyone on the forks. About 12% of forklift accidents occur when personnel fall from elevated forks.	True	or Fa	alse
67. About 18% of all forklift accidents occur when pedestrians are struck by the machine, another 14% occur when falling loads strike pedestrians.	True	or Fa	alse
68. When parking your forklift using the attended parking method: keep the engine running, be within 25 feet and in full view of the truck, set the parking brake, place the directional control in neutral, engage the directional control lock if the forklift is equipped with one, lower the forks to the ground with fork tips down and chock wheels if you must park on an incline.	True	or Fa	alse
69. In some circumstances it's OK to give pedestrian a ride on your forklift.	True	or Fa	alse
70. SOUND your horn and slow down when approaching blind corners, intersections, door and ramp openings, pedestrians, other vehicles and when backing up.	True	or Fa	alse
71. EE Forklifts Although designed for use in environments where explosive or flammable materials are in sealed containers, Type EE forklifts do not protect against static discharges, explosive mixtures of gases or dusts, electrical system failures or auto ignition temperatures.	True	or Fa	alse
72. When parking a forklift, it is important that:			
1) It is easily seen 2) The controls are neutralized, the forks are lowered to the ground, and the parking brake is set.	1)		2)
3) The controls are neutralized, and the parking brake is set.			
4) The parking brake is set.	3)		4)
73. When you are loading a tractor-trailer, you should make sure:			
1) The trailer wheels are chocked and the trailer is anchored to the dock 2) The dock is properly positioned 3) The condition of the floor will support the truck and its load.	1)		2)
3) The condition of the floor will support the truck and its load4) All of the above	3)		4)





74. When traveling with a load on your forks you should:		
1) Travel with the load pointing up the ramp, regardless of direction2) Travel with the load pointing down the grade3) It does not matter	1)	2) 3)
75. It is OK to hang legs and arms outside of the operators compartment when carrying a wide load.	True	or False
76. KEEP at a minimum three forklift truck lengths between you and another forklift when following.	True	or False
77. When loading and unloading ensure the vehicle's brakes are set and its wheels are chocked.	True	or False
78. Back down and drive up hills when loaded.	True	or False
79. It's okay to tow or push rail cars with a forklift.	True	or False
80. Do not enter any elevator unless authorized to do so.	True	or False
81. Ensure that dock plates are secure before driving on them.	True	or False
82. Do not park a forklift within 3 metres of railway tracks.	True	or False
83. It's okay to open railway car doors with forklift forks.	True	or False
84. Set brakes, wheel blocks & de-railer before entering railway car.	True	or False
85. Cross railway tracks on a diagonal.	True	or False
86. Forklift batteries contain sulphuric acid and should be handled by trained and authorized personnel. They produce explosive mixtures of hydrogen and oxygen and should be charged in approved battery charging areas.	True	or False
87. Neutralize spilled or splashed electrolyte with baking soda solution. Then rinse with clean water.	True	or False
88. Ventilation is not required in the space where batteries are charged.	True	or False
89. Inspect for defective cables, loose connections, corrosion, cracked cases and covers, loose hold downs and deformed or loose terminal posts.	True	or False
90. Use a self leveling filler which automatically fills the battery to a predetermined level. Battery cells should never be filled above the level indicator.	True	or False
91. Position propane tank so liquid will come in contact with the relief valve.	True	or False
92. Avoid contact with propane. Rapid vaporization causes frostbite.	True	or False
93. It's OK to allow propane cylinders to become heated.	True	or False

Porcellato Engineering 51058 Crest Centre RPO, Burnaby, B.C. V3N 5B9 Ph: 604.526.7964 Email brad@porcellato.com

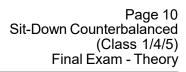




94. Defective cables, and loose connections on batteries are only a problem if the forklift is exposed to heavy use.	True o	r False
95. In some cases, filling batteries beyond the predetermined level is acceptable, such as in high temperature applications.	True o	r False
96. When driving a forklift on a ramp with a load, you should:		
1) Travel with the load pointing up the ramp 2) Travel with the load pointing down the ramp regardless of direction 3) It does not matter	1)	2) 3)
97. It's OK to mount more than 2 propane cylinders on a forklift.	True o	r False
98. Exchange removable cylinders outdoors or in a well ventilated area, away from sources of ignition.	True o	r False
99. Wear eye protection & gloves when changing (LPG) cylinders.	True o	r False
100. With cylinder valve closed, run the forklift until it stops. This ensures that the supply hose is empty and it is now safe to change the cylinder.	True o	r False
101. After unscrewing the supply hose nut, inspect the valves for leakage.	True o	r False
102. Once a replacement cylinder is locked into place, screw the supply hose nut on to the cylinder (do not use metal tools to tighten) and check for leaks.	True o	r False
103. If small leaks are found after tank installation, resume operation.	True o	r False
104. A daily visual inspection of the forks by the operator is not required.		
105. If bent or distorted, forks can't be straightened.	True o	r False
106. Forks are constantly subjected to abrasion by concrete floors, steel shelving etc. This abrasion can reduce the thickness of the fork until it is not capable of lifting to design capacity.	True o	r False
107. Custom designed forks are needed for unusual lifting conditions such as those found in spark-free work areas.	True o	r False
108. Make sure the forklift is equipped with these safety devices: back-up alarm, fire extinguisher and rear view mirror.	True o	r False
109. Forklifts should be painted a high visibility colour, with the back of the forklift striped with reflective tape.	True o	r False
110. When elevating personnel on a maintenance platform it is ok to leave the machine as long as you set the parking brake and turn off the engine.	True o	r False
111. It is OK to shove a load around with your forks to get it into the proper position.	True o	r False

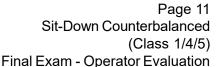


112. If the load you are carrying obstructs your forward vision, you should:		
1) Stick your head outside of the operator's compartment to better see 2) Travel in reverse 3) Continue forward cautiously 4) Raise the load so you can see better	1)	2) 4)
113. You should never turn or travel with the load raised above the travel position, 6-8" off the ground.	True or	False
114. When placing a load on a stack, you can tilt the mast forward past the vertical position.	True or	False
115. When picking up a load, you should:		
1) Spread the forks as wide as the load permits 2) Make sure the load touches the back of the forks 3) Carefully pick up the load and tilt the mast back slightly 4) All of the above	1) 3)	2) 4)
116. If you have a tip-over situation, you should:		
1) Hold on tight 2) Never jump 3) Brace your feet and lean forward and away from the fall 4) All of the above	1) 3)	2) 4)
117. When refueling a forklift, you should:		
1) Follow company policy 2) Never smoke 3) Shut off the engine 4) All of the above	1)	2) 4)
118. Never attempt to change an LP tank unless you have been specifically trained to do so.	True or	False
119. What can happen on some forklifts if the service valve on the LP tank is opened too quickly?		
1) The supply line may rupture 2) The back pressure check valve will close 3) The tank will freeze 4) The injector may seize up	1)	2) 4)
120. LP gas is lighter than air when released to atmosphere.	True or	False
121. It is OK to change an LP tank in a confined space like a trailer as long as the service valve is closed.	True or	False



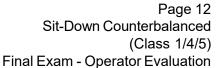


122. You should never place your hand on a frosted LP nozzle because:		
1) The cold temperature can cause hand cramping 2) The nozzle may warn to quickly and crack 3) Your skin could be severely frostbitten 4) The tank can collapse due to high negative pressure	1) 3)	2) 4)
123. When parking an LP fueled forklift over night, you should always turn off the service valve.	True	or False
124. Overfilling an LP tank can cause vapor to vent and create a fire hazard.	True	or False
125. When changing an LP tank, you should:		
1) Wear the appropriate PPE 2) Be trained to change tanks 3) Never smoke or expose the tank to flame or spark 4) All of the above	1) 3)	2) 4)
126. Battery size affects:		
1) Lifting Capacity 2) Forklift stability 3) Charge life 4) All of the above	1) 3)	2) 4)
127. If you are exposed to electrolyte, the first thing you should do is:		
1) Call a doctor or visit a walk in clinic 2) Go to the nearest eyewash station and flush the effected body part 3) Wait until the shift is over 4) None of the above	1) 3)	2) 4)
128. After charging a battery, always turn the charger off first before disconnecting the battery from the charger.	True (or False
129. Normally, you should only add water to a battery:		
1) Before charging 2) Add water when needed 3) After charging 4) None of the above	1) 3)	2) 4)
130. You should remove all metallic jewelry before servicing or charging batteries, because:		
1) Jewelry can demagnetize the battery 2) If it touches the battery you could get burned 3) Jewelry can get lost in the workings of the forklift	1)	2) 3)
131. Pay attention to pedestrians, they have the right of way.	True o	or False





Operator evaluation - Please check to indicate successful completion Physically fit The trainee being tested is physically and mentally capable of operating the lift truck safely. **Pre-Use Inspection** All items checked Deficiencies discussed with Supervisor Travel without a Load 3-point mount Engage operator restraint Raise forks 10-15 cm (tilt slightly back) Establish eye contact with pedestrians Obey traffic controls (applicable to location) Look in the direction of travel before moving Load Pick Up Stop and square to load (from ground level) Forks spread (sufficient to maintain load stability) Level the forks Engage 2/3 load length (forks do not contact load) Lift the load Tilt load (enough to stabilize) Look behind Travel with a Load Raise load (to clear obstructions) Engage load fully Drive in reverse (if vision blocked) Stacking Stop and square to deposit zone Level forks Verify overhead clearance Raise load to appropriate height Drive forward (load does not touch other material) Lower load (load is stable/structure can support) Look behind Reverse from load (forks do not contact load) Lower forks (to travel position) Destacking Stop and square to deposit zone Level forks Verify overhead clearance Raise forks to appropriate height Drive forward (forks do not touch other material) Raise load (tilt if required) Look behind Drive reverse (load does not contact other material) Lower load (to travel position) Comments Travel on a Ramp Approach grade straight Load leading (travel up the ramp) Load trailing (travel down the ramp)





Operator evaluation - Please check to indicate successful completion Travel on a Ramp (walk behind only) Approach grade straight Load leading (travel up the ramp) Load leading (travel down the ramp) **Loading Trailer** Restrain truck, trailer or railcar Secure dock/bridgeplate ramp Inspect trailer Uncoupled trailer (nose support or jack stand) **Personnel Lifting** Secure approved platform Ensure fall protection worn Establish communications Remain at controls Lift and Lower personnel only Shut down Clear of exits/emergency equipment Lower forks Parking brake on 3-point dismount Fuel source off Refuelling Shut down **Electric** Ignition off PPE Worn (face shield/apron/gloves) Raise seat Disconnect battery Attach hoist Remove battery Connect charger Gas/Diesel Shut down Ignition off PPE Worn (face shield/pva gloves) Nozzle contacts tank Shut down Ignition off Propane/Natural Gas PPE Worn (face shield/neoprene gloves/long sleeves) **Elevators** Verify capacity Sufficient clearance Enter slowly (load end forward) Attachments (side shift/fork spreader/clamp/rotator) Comments Workplace specific hazards discussed with operator